



## KENYA MEDICAL MISSION TRIP

### FEBRUARY 2019

### FREQUENTLY ASKED QUESTIONS

#### 1. What are the Trip Dates and what is the schedule?

Initial plans are subject to change, but most likely will be:

Friday, February 22, 2019: Depart USA in afternoon/evening

Sunday, February 24, 2019: Arrive to Nairobi, Kenya late Saturday evening or early Sunday.

Attend Kenyan worship service, CMO orientation, preparation of clinic supplies

Monday-Friday, February 25 - March 1, 2019: Clinic days for community & schools in rural villages

Saturday, March 2, 2019: Excursion day (possible small safari) and depart for USA late evening

Sunday, March 3, 2019: Arrive back to USA late in the evening

#### 2. What is the trip capacity and do I need any special skills to participate (eg be a Medical Professional)?

Trip Capacity is a maximum of 20 team members; medical and non-medical participants are welcome. While we do need the majority of participants to be in the medical profession, we welcome and rely on non-medical participants also to help with clinic registration, height/weight measurements, vitamin dispensing etc. There is plenty of work to be done and plenty of love to be shared with the people we are serving!

#### 3. What is the trip cost and when are payments due?

Estimated Trip cost is \$3,200 (includes airfare and type of excursion, so may vary)

Non-refundable Trip Deposit - due within two weeks of Application Approval: **\$500**

Payment #1 - September 30, 2018: **\$800**

Payment #2 - October 31, 2018: **\$800**

Payment #3 - November 30, 2018: **\$800**

Payment #4 - January 15, 2019: Remaining Balance, tbd

If you are falling behind on payments, we will not drop you from the trip until you have missed two payment deadlines. The total trip cost must be paid in full by the final deadline.

#### 4. What does the trip cost cover?

Trip Cost includes: Round trip airfare (based on cost from Phoenix as the departing city; your departing city may be more/less than this rate and therefore we would adjust your trip cost accordingly. CMO's travel agent will arrange your airtravel in consultation with you). Also included: Trip insurance covering travel and emergency medical, all meals in-country, hotel accommodations and laundry service, local transportation, local interpreters for the entire team (time, lunch and tshirt), stipend for local nurse who provides medical care and follow-up care coordination for patients after the CMO team leaves, security guards, Mon-Fri clinic supplies/medicines/operations, water filtration system for the villages, bottled water for team for the week, tipping, and local touring. Excludes: Visa to enter Kenya (instructions on this process will be sent later), meals in-transit, souvenirs, or trip extension after the medical mission week.

## **5. What are my options for Fundraising?**

CMO's trip information will be provided online through a website called Managed Missions. Once you establish an account on Managed Missions, you will also have access to an Online Fundraising portal. Similar to how GoFundMe works, you will be able to customize a personal trip webpage and then share the site's URL link with friends and family via email, Facebook and Twitter so that viewers can make an online donation to your trip. Detailed set-up instructions are available on the Public Profile tab of your Managed Missions account. Contributions made through that online site are linked directly and securely to CMO. Additionally, if you would like a sample fundraising letter template or any other resources such as CMO brochures to send to your supporters, please request a copy from the CMO Trip Coordinator.

## **6. Are my payments towards my trip tax-deductible? Are donations made on my Trip Page tax deductible for my friends and family?**

Yes! All mission trip money is tax-deductible because contributions are made directly to Covenant Medicine Outreach, which is a 501c3 organization. Contributions should be made by credit card online via the Managed Mission website or the url link to your personalized fundraising page through CMO/Managed Missions. If you or a supporter wishes to send a contribution by check, please notify the Trip Coordinator that a check is in the mail but do not designate/label/note the trip participants name on the check. Please make checks payable to Covenant Medicine Outreach and mail checks to: CMO, 10645 N. Tatum Blvd., Suite 200-181 Phoenix, AZ 85028.

## **7. What happens if a trip is canceled? What happens if I am no longer able to travel on the mission trip?**

In the event a mission trip is canceled by Covenant Medicine Outreach, we will work to reschedule the trip. If you are no longer able to travel on a mission trip or decide not to go, any money you or a donor have given to CMO cannot be refunded. However, Covenant Medicine Outreach will allow any unspent funds to be used as a credit towards a future trip you join us on, within a year's time.

## **8. What vaccinations are required?**

Covenant Medicine Outreach does not require proof of immunizations; except we do ask for your tetanus shot to be up-to-date. According to the Centers for Disease Control and Prevention ([www.cdc.gov](http://www.cdc.gov)), "You should become familiar with what steps to take and who to contact in case of a medical emergency while you are traveling." We recommend that at least 8 weeks before your departure, you consult with your physician, local health department, or the CDC website [www.cdc.gov/travel/](http://www.cdc.gov/travel/) for information required and recommended immunizations for the country where you will be traveling. Some vaccinations require a series of doses spaced weeks apart.

## **9. What else do I need to know to preparing for my trip?**

CMO's trip coordinator will be in contact via email and through the Managed Missions site to provide trip information logistics, tasks and timelines, forms and other information such as an orientation guide prior to the trip. There will also be information provided about the safety precautions CMO takes during trips, and training on our Electronic Medical Record system. Packing guides and other travel tips will be included in the Orientation Guide as well as posted on our Managed Missions trip site.

## **10. Who do I ask if I have questions?**

Feel free to email CMO Trip Coordinator, Amy Stephens at [tripcoordinator@cm-outreach.org](mailto:tripcoordinator@cm-outreach.org)